

# Federal Energy Management 101

Track 7, Session 1  
Moderated by Sheila Hayter



# Session Learning Outcomes

- Identify common building systems that use energy, including HVAC, lighting, and building envelope.
- Recognize the facets of energy consumption within the common building systems, both actual and targets.
- Identify energy conservation measures (ECMs) and understand what the common ECMs are.
- Recognize how ECMs are funded, implemented, and savings verified.

# Obtaining FEMP IACET CEUs



The Federal Energy Management Program (FEMP) is an Accredited Provider of International Association for Continuing Education and Training (IACET) CEUs under the ANSI/IACET 1-2018 Standard. FEMP established the WBDG–Whole Building Design Guide ([www.wbdg.org](http://www.wbdg.org)) – a federally supported portal providing guidance, criteria and technology from a 'whole buildings' perspective and managed by the National Institute of Building Sciences (NIBS) – as the official Learning Management System to host FEMP’s continuing education.

## To receive FEMP IACET Accredited Continuing Education Units (CEUs):

- Create a free WBDG account or log in to an existing account using the same email registered for EEx24.
- Visit [www.wbdg.org/energy-exchange](http://www.wbdg.org/energy-exchange) to view sessions attended and accredited for IACET CEU credits.
- Complete the assessment demonstrating learned knowledge from the session with a passing score of 80 or above then the following session evaluation.
- Meet the deadline for earning EEx24 session IACET CEUs through the WBDG by **May 10, 2024**.

For questions related to the accreditation, email support for Energy Exchange at [FEMP\\_Training@hq.doe.gov](mailto:FEMP_Training@hq.doe.gov).

# FBPTA Aligned Course



- This session has been aligned with at least one Federal Buildings Personnel Training Act (FBPTA) performance
- This session will be uploaded to AccelerateFM, the FBPTA compliance reporting tool, for all attendees with an account who complete the session assessment and evaluation.
- If you don't have an account in AccelerateFM and you create one within 30 days of this session and complete the session assessment and evaluation, this session will be uploaded for you
- If you want to learn more about FBPTA, visit [www.fmi.gov](http://www.fmi.gov) or <https://afm.fmi.gov/account/login>
- Sessions that have been archived will be available for future viewing and can be added to your profile in Accelerate FM for FBPTA credit

# Session Rating: Provide Feedback

We aim to improve our technical program every year, so please let us know how this session met (or did not meet) your expectations by taking the Session Rating Survey.

**1** Based on your experience today, did you find value in this virtual breakout session? (rate 1-5)

1    2    3    4    5

**2** Are you currently looking at a collaboration solution for your organization?

Already have a solution in place and adoption is good

Already have a solution in place but adoption is still a work in progress

Exploring solutions

Not at this point

**3** Would you like a follow up from Softchoice based on this session?

Select

# Agenda

- Introduction
- HVAC Systems
  - Systems, energy consumption, and ECMs
- Lighting Systems
  - Systems, energy consumption, and ECMs
- Building Envelope
  - Systems, energy consumption, and ECMs
- Process Energy
  - Systems, energy consumption, and how to manage
- Funding
  - Common federal funding opportunities
- Questions



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# Heating, Ventilation, & Air Conditioning (HVAC)



# Heating Ventilation and Air Conditioning (HVAC)

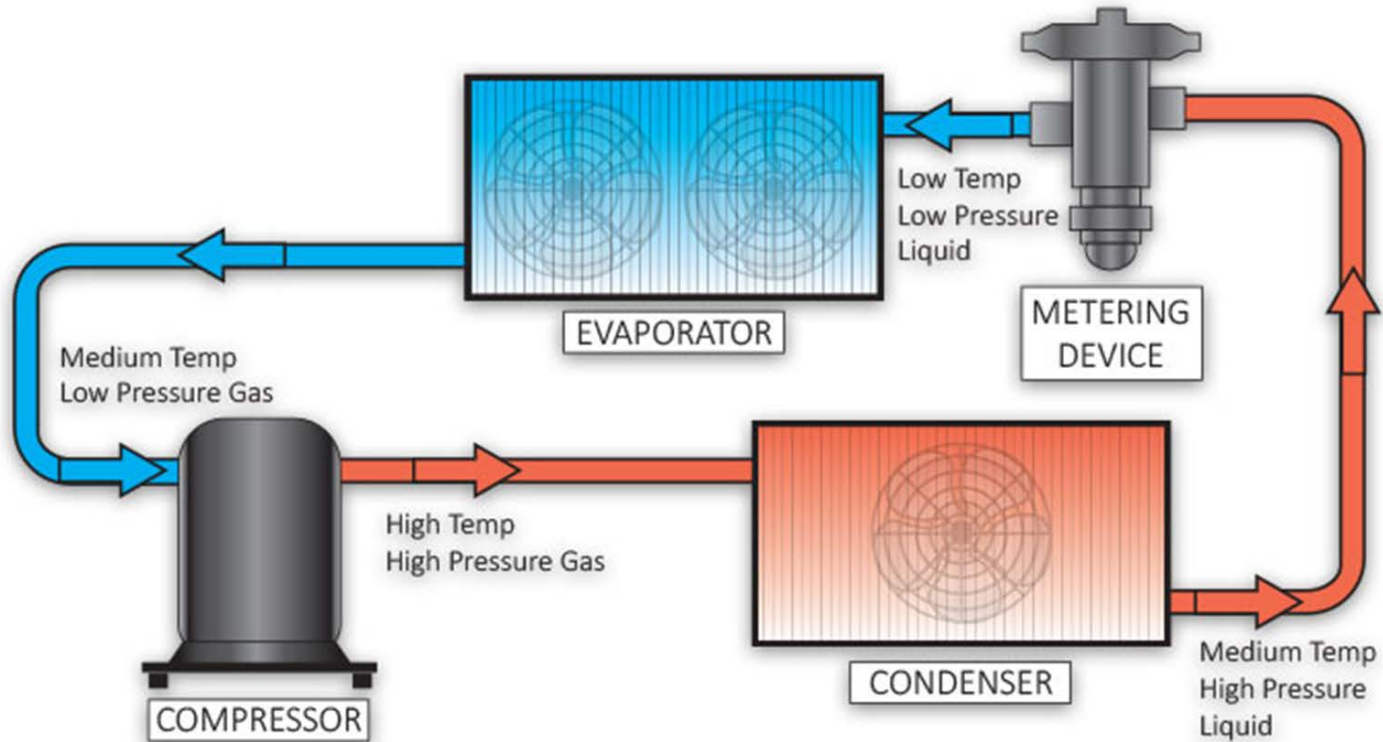
- Historically 40-60% energy consumption
- Most energy conservation measure (ECM) savings
- Turn it off/ Turn it down concept

# Cooling Systems

- Typical energy loads
- Compressor
- Condenser
- Evaporator
- Metering devices



# Basic Refrigeration Cycle



# Compressors

## The heart of the system

- Intakes low temp/ low pressure vapor
- Discharges high temp/ high pressure vapor
  - Motor driven
  - Drive shaft
  - Pistons
  - Valves
  - Crankcase heaters
- Reduce runtimes



ECM Likelihood	
High	
Medium	
Low	

# Condensers

- Changes state of refrigerant
  - Desuperheats
  - Condenses
  - Subcools
- ECM opportunity
  - Maintenance
    - Improper
    - Inadequate
  - Fan cycling
    - Load
    - Temperature



ECM Likelihood	
High	
Medium	
Low	



# Metering Devices

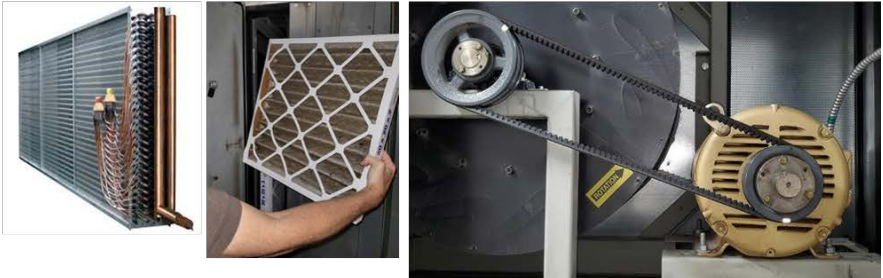
- Changes state of refrigerant
  - High pressure/ high temp liquid
  - Low pressure/ low temp vapor
- ECM opportunity
  - Maintenance ⚡
    - Improper
    - Loose sensing bulb



ECM Likelihood	
High	⚡⚡⚡⚡
Medium	⚡⚡
Low	⚡

# Evaporator

- Air handler
- Removes (Returns) air
- Processes air
- Supplies air
- ECM opportunity
  - Maintenance
  - Improper
  - Inadequate



ECM Likelihood	
High	⚡⚡⚡⚡
Medium	⚡⚡
Low	⚡

# Boilers

- Boilers
- Gas fired RTU
- Furnaces
- ECM opportunity
  - Maintenance
    - Improper
    - Inadequate
    - Combustion Analysis
  - Reduce runtimes



## ECM Likelihood

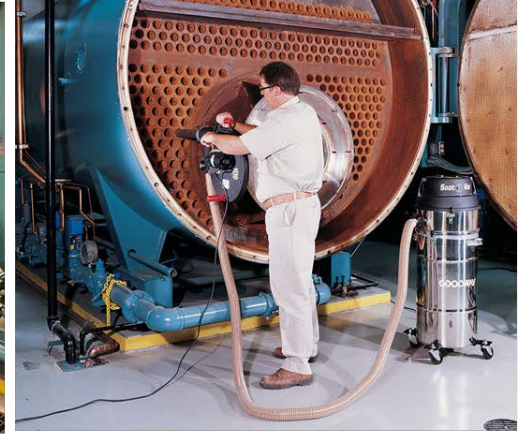
High



Medium



Low



# Controls Systems

- Include three types of devices:
- Sensors detect and measure a controlled variable
- Controllers - manual or automatic, the "mini brain" that initiates action
- Controlled Devices – respond to the controller to adjust the sensed condition

**Setpoint** is the desired condition.  
No adjustment of the controlled device is required when setpoint is reached.



Sensor/Controller

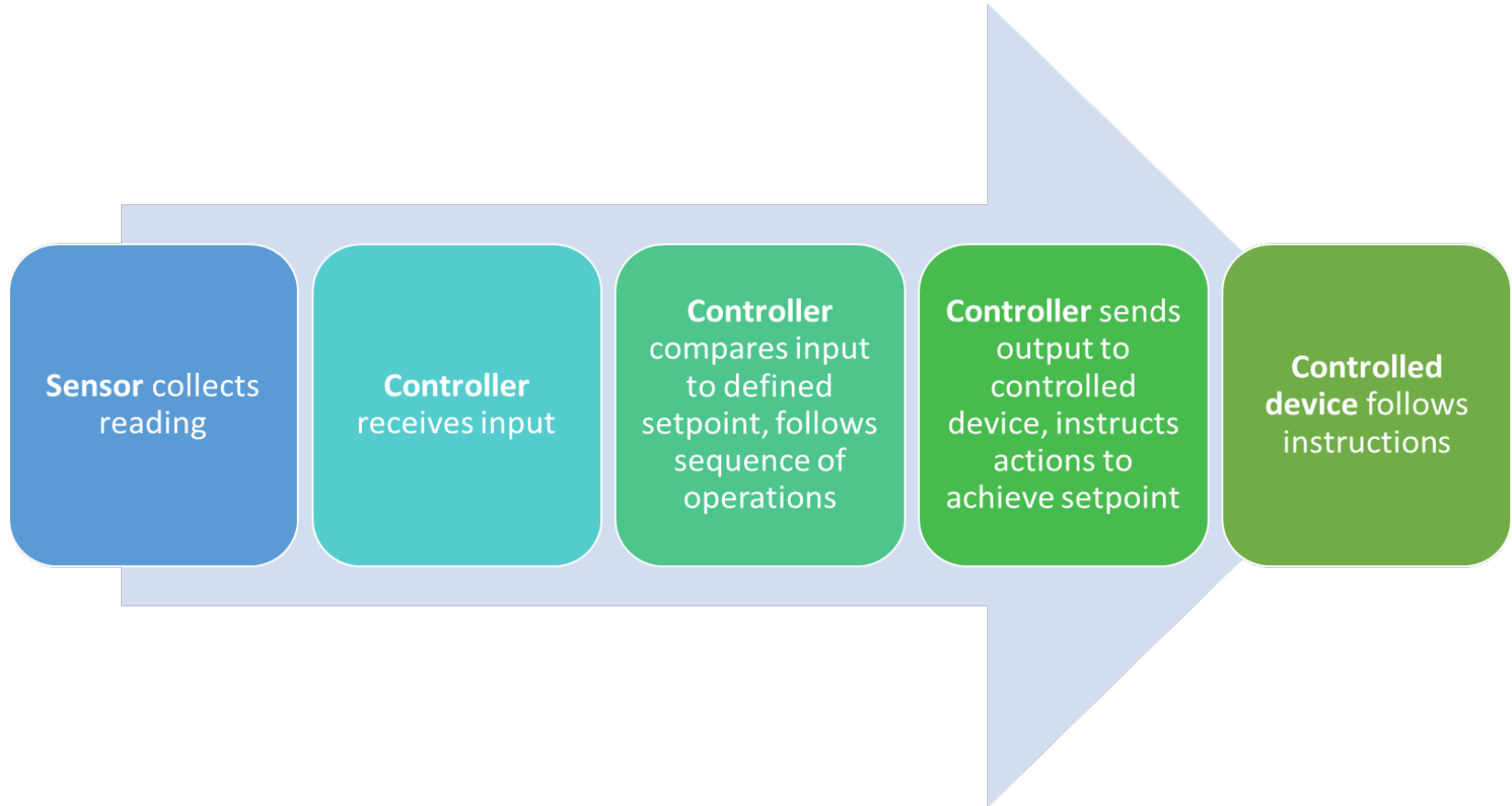
Photo: FEA



Controlled Device

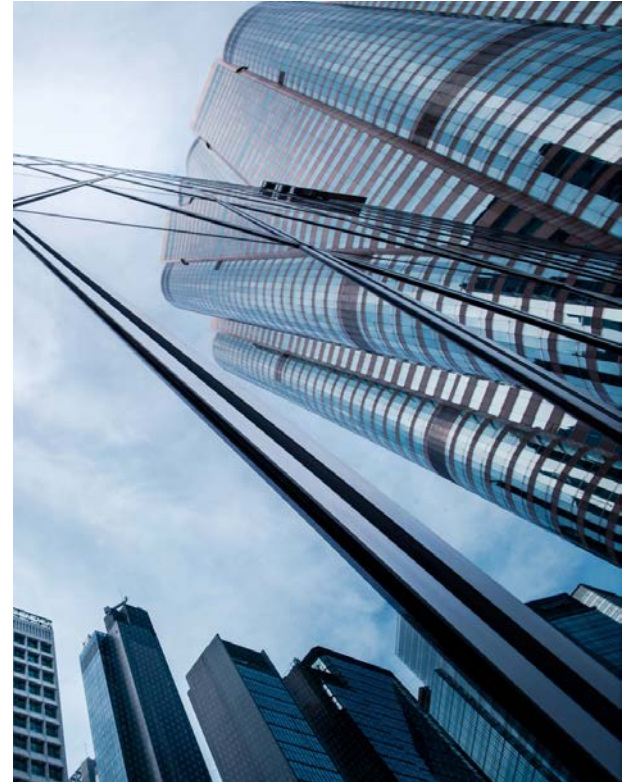
Photo: caseyair.com licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/4.0/)

# Basic Controls Sequence Example



# Controls & Building Automation Systems Benefits

- How do we use controls to save energy?
- Schedule control
- Optimal start/stop
- Setbacks – nights, weekends, holidays
- Demand controlled ventilation
- Outside air reset
- Economizers (chiller bypass, outside air economizing)
- Night cooling/purging
- AHU supply duct static pressure reset



# Lighting



# Energy Intensive Exterior Lighting Practices

- Common challenges for exterior lighting:
  - Lack of integrated controls
  - No dimming capability, no occupancy sensors, no daylight sensors
  - Typically, metal halide or high-pressure sodium (HID)
  - Low light levels
    - Safety can be a concern as well



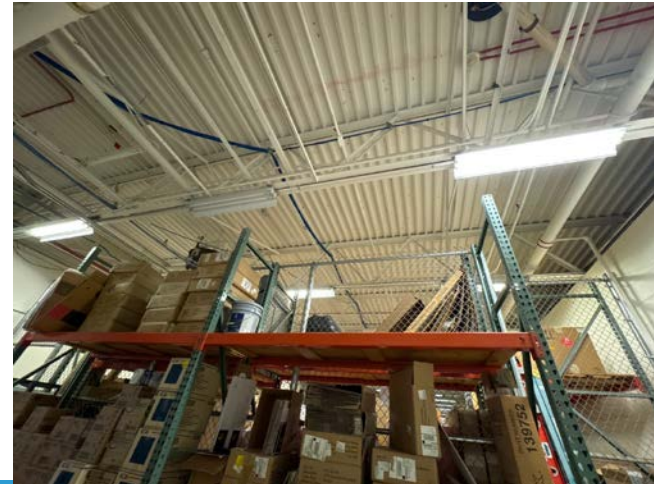


# Energy Intensive Interior Lighting Practices



- Can be difficult to replace if in high bay area
- T8 and T12 lighting will no longer be available

- Common challenges for interior lighting issues:
  - 24/7 office areas with no occupancy or vacancy sensors, no integrated controls
  - High bay lighting HID or fluorescent
  - Fluorescent lighting with no dimming capability



# LED Office Lighting Examples

**High  
Performance  
Troffer**



**Basket Troffers**



**Parabolic  
Troffers**



**Lens Troffers**



# Lighting Best Practices

- Occupancy sensors
- LED fixtures and exit signs offering lower wattage and increased lifespans
- PV/BESS powered lighting
- Advanced lighting controls
  - Can include many features (daylight sensors, dimming control, and more)
  - Energy Management Information System (EMIS) integration is recommended
    - Can be integrated to interact with HVAC

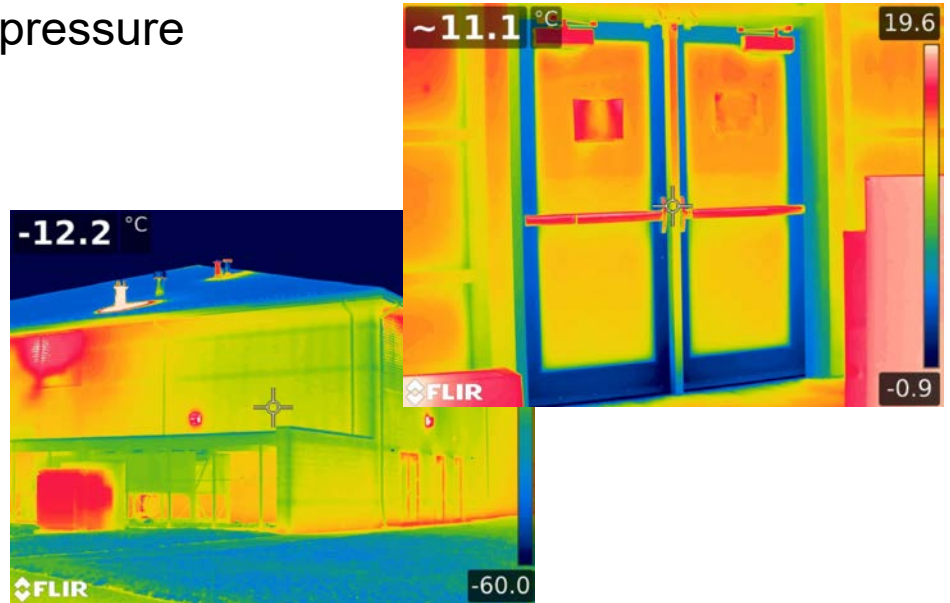


# Building Envelope



# Building Envelope Principles

- Walls, windows, doors and roofs
- Avoid encroachment of unwanted heating or cooling
  - Maintain positive building air pressure
  - Inspect/ insulate walls
  - Inspect/ maintain windows
  - Replace door seals/ closures
  - Inspect roofing systems
    - Cool roofs



# Building Envelope

Listen to your buildings!



- Establish a baseline
- What is normal?
- Compare performance over time

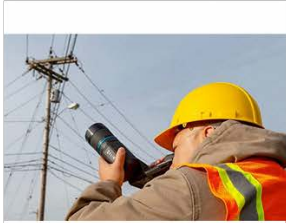
# Building Envelope: Analysis



Temp Range: -40F- 3632F  
 Pixels: 1024 x 768 [768,432]  
 Price: \$50,940



Temp Range: -10F- 1000F  
 Pixels: 464 x 348 [161,472]  
 Price: \$25,200



Temp Range: -4F- 1202F  
 Pixels: 320 x 240 [76,800]  
 Price: \$14,334



Temp Range: -4F- 482F  
 Pixels: 80 X 60 [4,800]  
 Thermal Sensitivity: 150mK  
 Focus: Auto  
 Wireless: Yes  
 Emissivity: 0.10 to 1.00  
 Price: \$1,237



Temp Range: -4F- 572F  
 Pixels: 128 x 96 [12,288]  
 Price: \$624

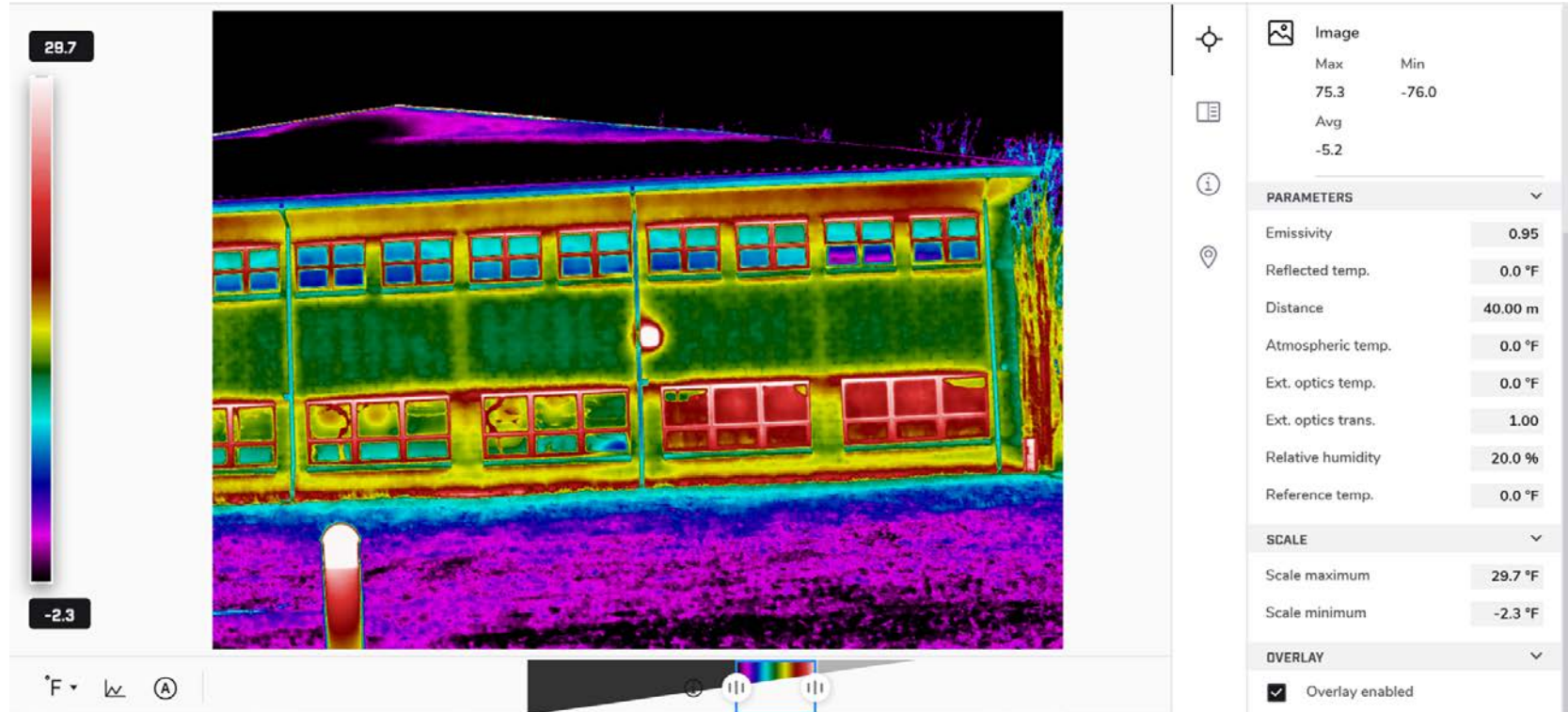


# Building Envelope: Exterior Analysis





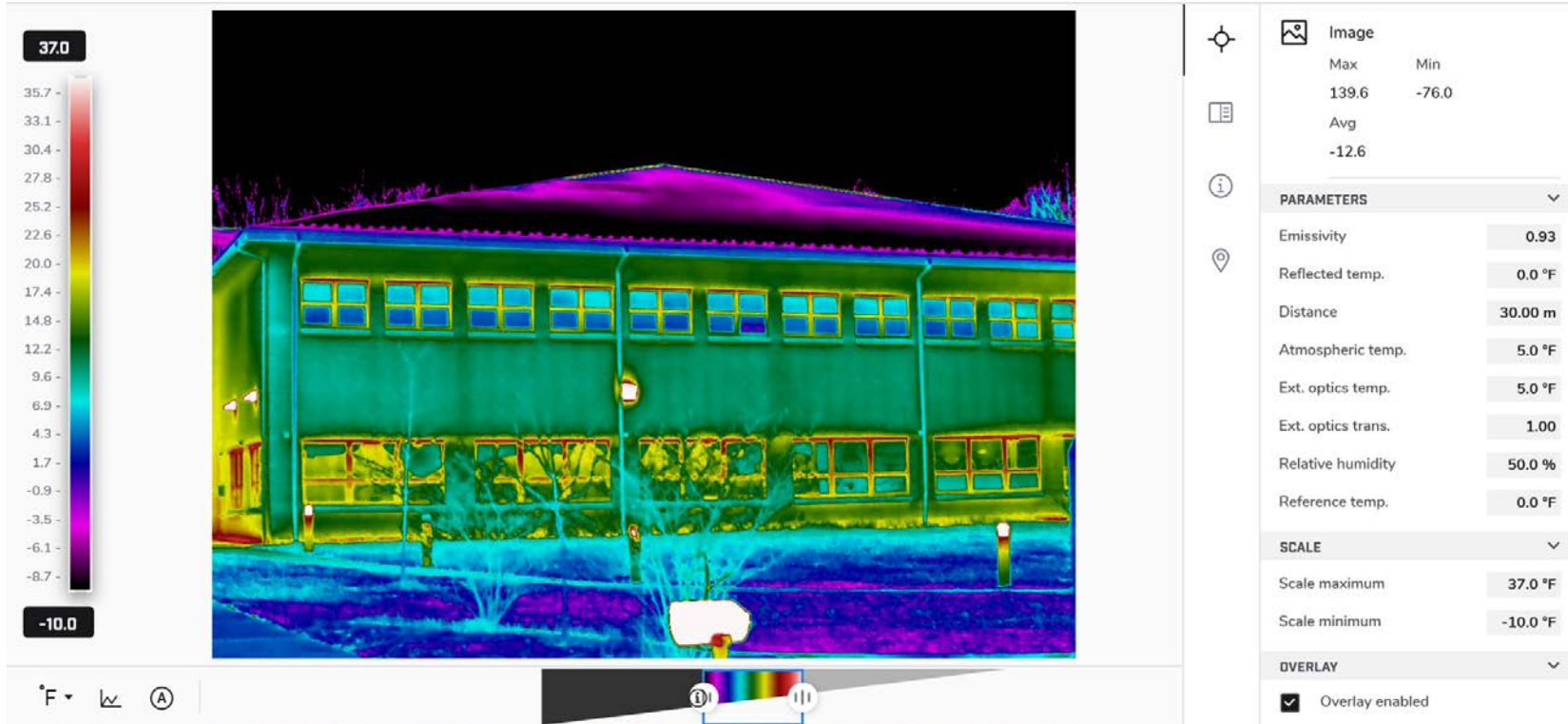
# Building Envelope: Exterior Analysis



# Building Envelope: Exterior Analysis



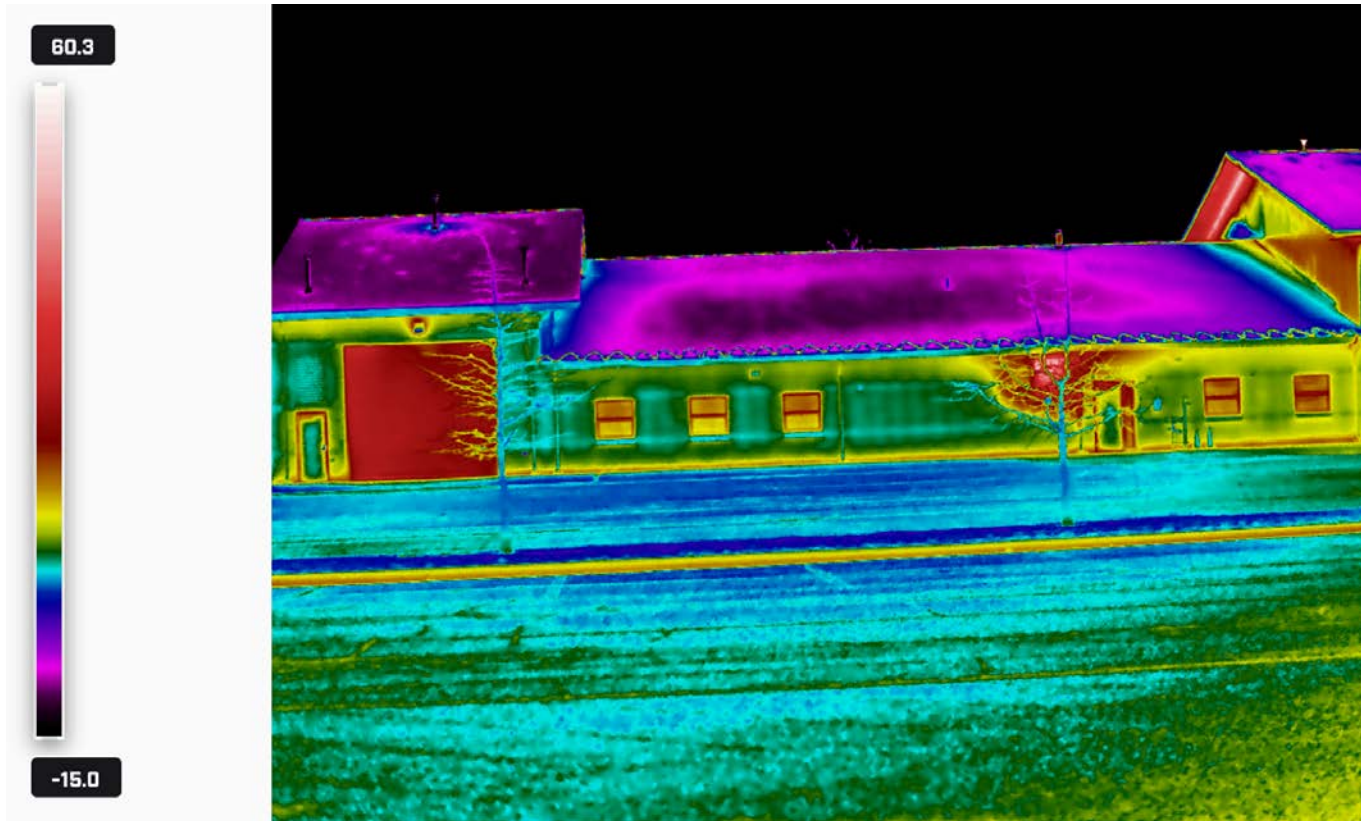
# Building Envelope: Exterior Analysis



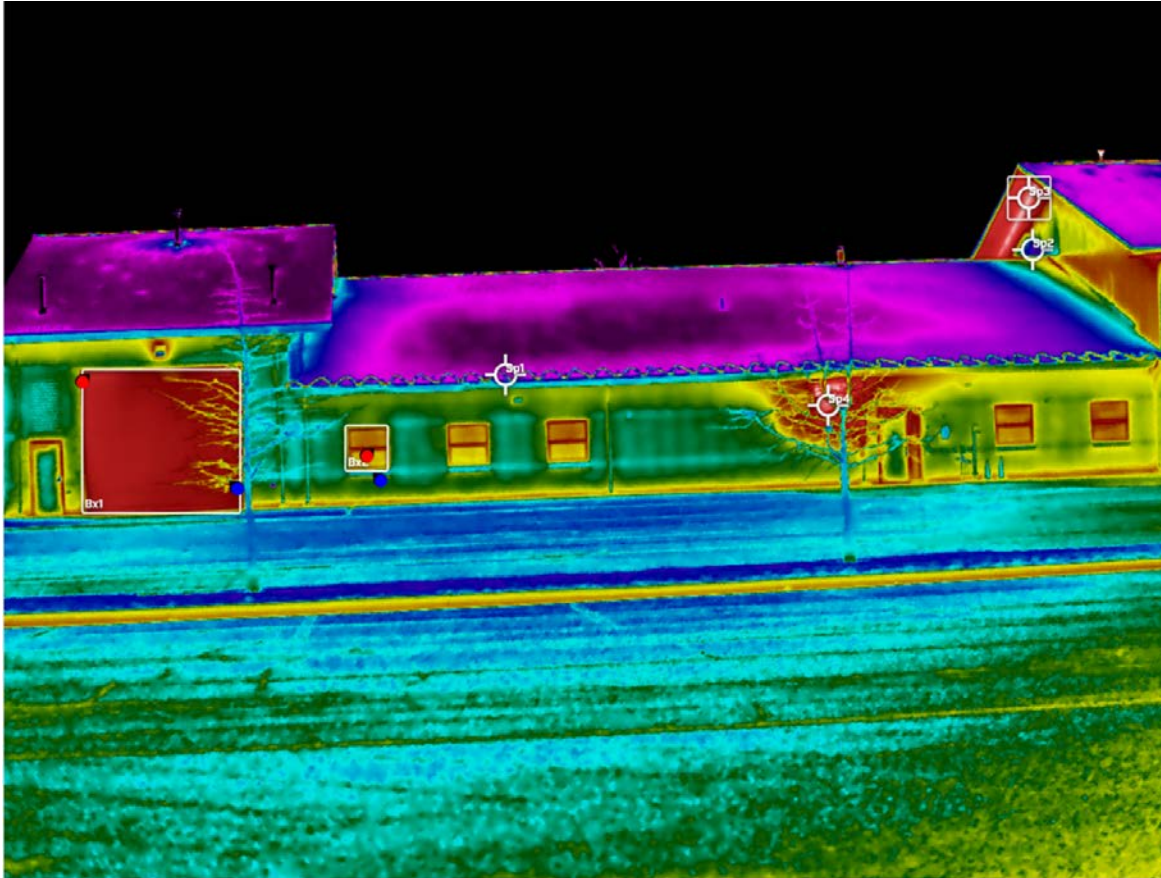
# Building Envelope: Exterior Analysis



# Building Envelope: Exterior Analysis



# Building Envelope: Exterior Analysis



## Spot temperatures

- SP1: 4.1F
- SP2: 1.7F
- SP3: 51.3F
- SP4: 43.6F

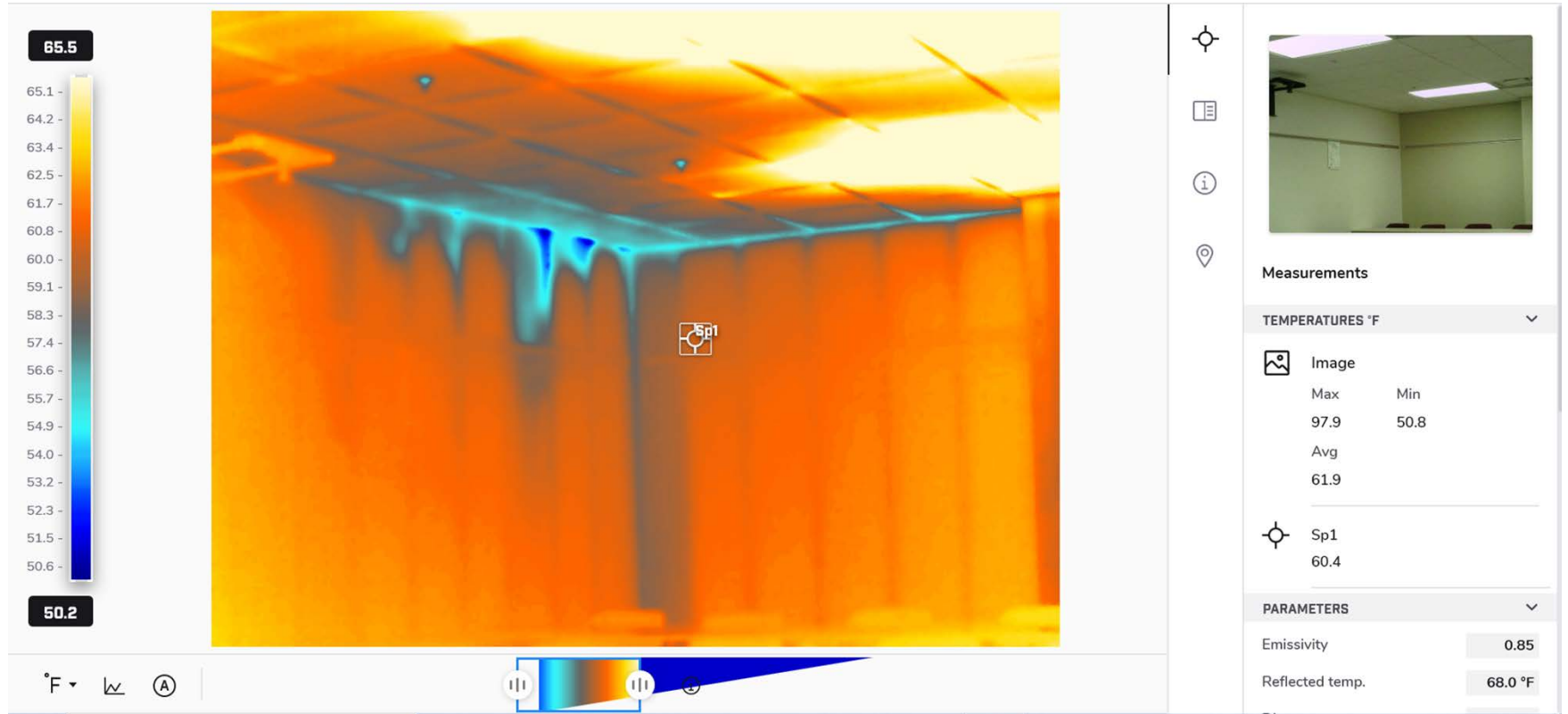
## Box temperatures

- BX1
  - Max: 33.4F
  - Min: 8.4F
  - Avg: 26.1F
- BX2
  - Max: 26.3F
  - Min: 7.7F
  - Avg: 17.4

# Building Envelope: Interior Analysis



# Building Envelope: Interior Water Leaks





# Process Energy



# Process Energy

- Process energy can be difficult to reduce yet can use a significant amount of energy
- ECMs can be very similar to other non-process energy loads
- Making operational improvements can be impactful
- Properly maintaining equipment, preventative maintenance, and adding fault detection software

# Data Centers



- Make sure VFD/VSD are installed where applicable
- Typically, temperature can be lifted in data centers to save energy
- Hot deck / cold deck configuration is important to avoid waste, seen in the photo
- Economizing when possible

# Process Boilers, Chillers, and Compressors

- Very similar to HVAC ECMs discussed above
- Variable speed chillers, heat recovery chillers, VFDs on cooling tower fans
- Heat exchangers for free heating / cooling
- Condensing boilers, modulating, smaller sized boilers to enable shutting down when load is lower
- Variable speed compressors, storage tanks, can you lower the pressure?



# Operations & Maintenance (O&M)



# O&M: Getting the Best Performance Out of Buildings

- Three persistent myths:
  1. Newer facilities are more efficient than older facilities
  2. Facilities need complex controls systems to be efficient
  3. Training facilities staff has a minimal impact on building performance



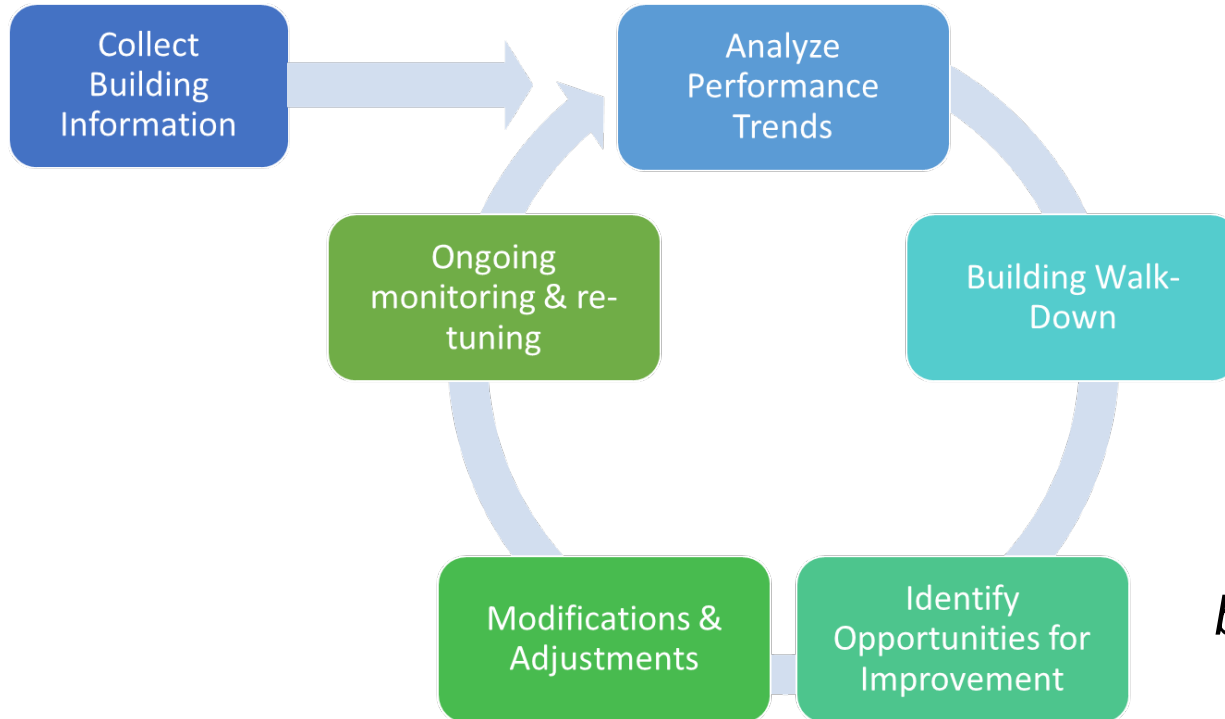
# Operations & Maintenance: New vs. Old Buildings

- Myth #1: Facility age is not an accurate predictor of efficiency.
- According to EPA:
  - 39% of buildings with a rating of 75 or better were less than 25 years old
  - 42% of buildings with a rating between 25 and 74 were less than 25 years old
  - 35% of buildings with a rating between 0 and 24 were less than 25 years old



# Operations & Maintenance

Myth #2: *Complex controls won't get you there...*



*...but a good building re-tuning process will.*



# Operations & Maintenance: Training

Myth #3:

Training facilities staff has a minimal impact on building performance

# O&M Training: Why?

The Federal Buildings Personnel Training Act (FBPTA) of 2010 requires all federal personnel providing building operations & maintenance services to demonstrate competencies necessary to effectively operate government facilities.

Net Zero  
by 2030

**Targets for New Buildings**  
Strong Federal mandates

3%  
Year

**Water Efficiency**  
Water reduction each  
year from 2007 levels

2.5%  
Year

**Optimize Energy Efficiency**  
Reduce Energy Use Intensity  
each year from 2015 levels

Savings  
Persistence

**Protect Efficiency Investments**  
Savings don't persist without  
trained operators (PNNL)

*Training saves money & achieves organizational goals*

# Trained Professionals Save Money



**Facility Managers**  
Ongoing Commissioning  
cut energy costs ~15%/Year



**Building Operators**  
BOC Certified Operators  
save \$11K / Year

**Energy Managers**  
50% of CEM energy  
programs save >\$250K/Year



# Operations & Maintenance: Other Benefits of Training

Investing in training yields a **knowledgeable, efficient, and adaptable** workforce capable of maintaining high-quality facilities

- Enhanced Skills and Knowledge
- Improved Efficiency
- Risk Mitigation
- Effective Communication Skills
- Strategic Thinking
- Adaptability
- Professional Recognition & Career Advancement



# Related Sessions

## ■ Track 7

- Session 2 – Federal Water Management 101
- Session 3 – Operations and Maintenance for Federal Agencies
- Session 4 – Metrics Matter
- Session 5 – Commissioning Controls for Energy and Water Efficiency
- Session 7 – Energy Audit 101: Ideas to Execution

## ■ Track 10

- Session 2 – Performance Contracting , Procurement Authorities, and Best Practices for Implementing EISA 4132 Energy & Water Measures
- Session 3 – Contracting Officer Roundtable from Multiple Federal Agencies
- Session 5 – Performance Contracting for Maintenance and Operations
- Session 6 – Inflation Reduction Act Funding Uses Within the Federal Government

# Thank You

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